

INTRAVENOUS SEDATION INSTRUCTIONS

In order to make your next visit to our office as comfortable and as easy for you as possible, we give you this list of reminders. PLEASE FOLLOW THESE INSTRUCTIONS CAREFULLY.

1. YOU MAY EAT **SOLID FOOD UP TO 8 HOURS BEFORE YOUR APPOINTMENT**
YOU MAY DRINK **CLEAR LIQUIDS (water or apple juice ONLY) UP TO 2 HOURS BEFORE.**
2. If you take prescribed medications, please take with a sip of water unless otherwise instructed by the doctor.
3. Do not wear contact lenses, make up, hair pins, jewelry, nail polish or loose fitting shoes.
4. Wear a shirt with short sleeves.
5. You **MUST** have a responsible adult to take you home. Under no conditions can you drive yourself home. Taxicabs are only acceptable if accompanied by a responsible adult. Transit is **NOT** acceptable.
6. Have someone at home who can assist you and help take care of your needs on the day of surgery.
7. **YOU MUST NOT** drive an automobile or operate hazardous machinery for at least 24 HOURS after your sedation.
8. Do not drink alcohol or use drugs 24 hours before surgery.
9. Call our office if you have a COLD, FLU or COUGH.

We will not be able to put you to sleep if these instructions are not followed.

If you have any questions or concerns please contact our office.

We require 2 business days notice to cancel or reschedule an appointment or a fee will be applied.